

Sports Services: Job Description

Women's Health Ambassadors Newcastle University Sports Services

The role

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Newcastle University are fully committed to supporting the development of student health and wellbeing. As part of this, we will be recruiting up to 4 students to form the women's health leadership group, a key group making up part of the wider NU Sport Leadership Academy. The role will be in place to support athletes, teams/clubs across the university, as well as the wider community across the city to offer more insight into relevant topic areas under the umbrella of women's health.

Hours and Rate of Pay

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Up to 2 hours a week, flexible to different schedules based on calendar of delivery with clubs. <u>£13.74 per hour</u>

Reporting to

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Maddy Wood, Community Sport Development Officer Suzi Newton, Performance Manager

Key Tasks and Duties

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- Develop an annual calendar of women's health for student sports clubs.
- Ensure monthly information and advice is provided to club committees and members.
- Manage communications with the clubs and be able to provide relevant signposting material.
- Liaise with sport staff to ensure that delivery is appropriate and we are covering all relevant clubs and athletes
- Willingness to deliver and engage with the wider community helping to upskill young people and adults across the city as well as internally.
- Commit to completing relevant CPD/ training to fulfil the role to a high standard.



Benefits and CPD Opportunities

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Well HQ - Women's health course

- NCL+ award (if completed enough hours 40+),
- NCL+ advanced award (role specific),
- Sport centre membership where required,
- Role appropriate kit
- Role specific training
- Mentoring
- Committee involvement
- Access to CPD
- Membership in the Newcastle University Sport Leadership Academy

The Person: Essential Experience, Skills & Knowledge

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- Strong communication skills
- Interest in women's sport and health
- Good time management skills
- Ability to organise, manage and deliver on own schedule
- Comfortable delivering in front of a group

Pre-requisites for the role

There are no prerequisites for the course but full engagement and completion of the Well HQ online courses if successful is mandatory to fulfilling the role.

Apply now

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Expressions of interest should be completed at the link below: <u>https://forms.office.com/e/r1BiCAEqeM</u>

Deadline for this role is Wednesday 15th November.

Any questions should be directed to maddy.wood@newcastle.ac.uk